Recommended supports and services relative to palliative care in South Australia

Palliative care information and advocacy	Palliative Care South Australia www.palliativecaresa.org.au Phone: 08 8271 1643
Carers counselling, support and advice	Carers gateway support and advice www.carersgateway.gov.au Phone: 1800 422 737
Aged and disability care services advocacy and support	ADA Australia www.adaaustralia.com.au/aged-community-care- advocacy Phone: 1800 818 338
Aged care services – complaints and feedback	Aged Care Quality and Safety Commission www.agedcarequality.gov.au/making-complaint Phone: 1800 951 822
Elder abuse prevention and support	Elder Abuse Prevention and Support Service www.raq.org.au/services/elder-abuse-prevention-and- support-service Phone: 1300 063 232
Veterans and family counselling	Open Arms Veterans and Family Counselling www.openarms.gov.au/about/vvcs-no-open-arms- vetrans-familycounselling Phone: 1800 011 046
Counselling, advice and referral	Beyond Blue support services www.beyondblue.org.au/get-immediate-support Phone: 1300 224 636
Family and relationships advice line	Family and Relationship Services www.familyrelationships.gov.au Phone: 1800 050 321
Crisis support	Lifeline Crisis Support www.lifeline.org.au Phone: 13 11 14
Mental health support	Head to Health www.headtohealth.gov.au



Recommended websites relative to palliative care in South Australia

	State based representative body for palliative care www.palliativecaresa.org.au
	SA health information about palliative care www.sahealth.sa.gov.au
Palliative Care	Quality Information and resources about palliative care www.caresearch.org.au
	Information about grief www.grieflink.org.au
	National representative body for grief and bereavement www.grief.org.au
	State based representative body for Australia's unpaid carers www.carerssa.org.au
	Quality resources and toolkits for Carers www.carerhelp.com.au
Carers and Consumers	State based peak body for Social Services www.sacoss.org.au
	Practical information and support www.carersgateway.gov.au
	Support services and resources for young carers www.youngcarersnetwork.com.au
	National public health information service in Australia www.healthdirect.gov.au
	State based representative body for older people www.cotasa.org.au
Age-Friendly	Aged Rights Advocacy Service (ARAS) www.sa.agedrights.asn.au
	Aged Care and Support: www.myagedcare.gov.au
Palliative Care for children	SA Women's and Children's Hospital Network Paediatric Pallliative Care www.wch.sa.gov.au/patients-visitors/children/care-and-support/palliative-care
and young people	Paediatric Palliative Care_National resources www.paediatricpalliativecare.org.au
	Advance Care Planning Australia www.advancecareplanning.org.au
Advance Care Planning	Office of public advocate SA www.opa.sa.gov.au
	Health and Community Services Complaints Commissioner SA www.hcscc.sa.gov.au
Palliative	SA health Advance Care Planning (ACP)

www.advancecaredirectives.sa.gov.au