



# Palliative Care

SOUTH AUSTRALIA

## Annual Report

2022-2023

[palliativecaresa.org.au](http://palliativecaresa.org.au)





**Supporting all  
South Australians  
to live, die and  
grieve well**



## **OUR PURPOSE**

Supporting all South Australians to live, die and grieve well.

**Why?** The way we care for our dying reflects the humanity and compassion of our society.

## **OUR MISSION**

To promote quality palliative care and access for ALL through advocacy, information provision and education to build capacity and service responsiveness.

**Why?** We strive to create a community where members say: *“everybody has a role to play in supporting each other in times of serious illness, dying, death, grief and caregiving. We are ready, willing and confident to have conversations about living, dying and grieving well and to support each other in emotional and practical ways.”*



## ACKNOWLEDGEMENTS

Palliative Care South Australia (PCSA) acknowledges the Traditional Custodians of the lands and seas on which we live and work, and pay our respects to Elders past, present and emerging.

We would like to recognise the contribution of everyone who supported PCSA during 2022-2023 and all South Australian who have experienced dying, death and grief or sad news and sorry business during this time including patients, their carers, family and staff who service their community of care. We greatly appreciate the contribution everyone has made in sharing experience, knowledge and time with us.



Palliative Care South Australia is a Registered Charity (registered with ACNC - CCP4397) and is endorsed as a Deductible Gift Recipient (DGR), ABN: 66185542917

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## OUR YEAR AT A GLANCE: 2022 - 2023

### Our Sector Strategy, Policy and Advocacy Activities

120

Sector Priorities identified at the PCSA Summit 2023



161

Participants in the 2022 Statewide Symposium



40

Sector representations, presentations & booths



### Our Awareness Raising and Story Sharing Activities

49

Organisations distributed National Palliative Care Week (NPCW) resource packs for us



81

Attendees for the film launch of "Live the life you please"



1.1k<sup>+</sup>

E-News subscribers



### Our Programs and Projects Activities

117

Program of Experience in the Palliative Approach placements 2020-2023



10

Community Leaders representing Cultural and Linguistic Diversity (CALD) educated via the Live Well Project



# OUR GOVERNANCE AND TEAM



## MESSAGE FROM OUR BOARD CHAIR

Palliative Care South Australia continues to support the call to all innovators contributing to high quality palliative care in our state.

Our collective work in the sector has fostered dynamic conversations with a number of stakeholders. Together we are focused on delivering quality education and supports contributing to quality of life and care for everyone - our participants, their families, their health care teams, carers and the wider community.



This year, we were delighted to host two large forums. First, the 'Supportive Care Symposium' which focussed on supportive care planning in Chronic non-malignant diseases and was provided in partnership with SAPMEA, and with the support of a wellbeing SA Chronic Disease Integrated Partnership Grant. Second was the PCSA Summit and Showcase, both presented in partnership with SA Health.

These events provided opportunities to engage with the breadth of palliative care stakeholders who make a difference every day. It was lovely to meet and hear from so many palliative care staff of all disciplines, aged care leaders, physiotherapists, social workers, occupational therapists, general practitioners, academics, geriatricians, paramedics, social workers and psychologists, carers, and volunteers. We thank our partners, MCs, facilitators, sponsors and participants.

Please continue to participate in these opportunities for learning and collegiality. Taking that time is especially important for our colleagues who every day provide support for people experiencing Palliative Care in their homes, in primary care settings, or in hospital, hospice or aged care. This will build capacity and contribute to improving outcomes for people living with palliative care needs in our community.

Thank you for rallying to the call, in support of palliative care across the continuum of care.

Thank you also for your contribution and your time. It means a lot to the Palliative Care South Australia Board, our staff team and members.

A handwritten signature in black ink, appearing to read 'Susan Emerson'.

**Ms Susan Emerson**

Chairperson

Palliative Care South Australia

## OUR GOVERNANCE TEAM

(as at June 30 2023)



Ms Susan Emerson  
Chairperson



Mr Nick Muirhead  
Deputy Chairperson



Mr Babis Mavrakis  
Treasurer



Mr Paul Caskey  
Secretary



Ms Mirsia Bunjaku  
General Member



Dr Patricia Montanaro  
General Member



Ms Sally Huefner  
General Member



Dr Linda Foreman  
General Member



## OUR PALLIATIVE CARE SA MEMBERS



Collective voice for

**270**

Organisational  
affiliate members

**102**

Individual  
members

**13**

Concessional  
members

Of those:



**49**

are Member Organisations

PCSA provides regular, special Members only briefings and insights including information about our political engagement via our monthly E-News. Other benefits of being a PCSA member include:

- Opportunities to be part of and contribute to a collective voice for palliative care in SA
- Opportunity to apply to join PCSA Networks or Special Interest Groups and be part of advocacy and thought leadership for the sector
- Free attendance at PCSA quarterly education webinars
- Discount rate for PCSA hosted events

### PCSA Patron

Her Excellency the Honourable Frances Adamson AC and Mr Rod Buntten

### PCSA Life Members

- Dr Mary Brooksbank
- Dr James Cooper
- Dr Roger Hunt
- Mr Lange Powell
- Ms Lorna Riddell (as CEO of Mary Potter Foundation)
- The Hon Ms Jennifer Cashmore AM
- Ms Aine Greene
- Mrs Elizabeth Keam AM
- Professor Ian Maddocks AM
- Mrs Joan Snyder
- Mrs Lan Le
- Dr Lawrie Palmer
- Ms Helen Walker

*Note: please refer to page 23 for a list our organisational members*

## OUR STAFF TEAM

(as at June 30 2023)



Adjunct Associate  
Professor Shyla Mills  
Chief Executive Officer



Ms Sally Harrison  
Payroll and Accounts Officer



Ms Leonie Knowles  
Projects Officer



Ms Kasey Dale  
Administration Officer

Ms Justine Kollberg  
Marketing and Events Officer

## Special Thanks to our staff, consultants and suppliers

We sincerely thank all our staff who supported PCSA during the 2022-2023 period, as well as all our consultants and suppliers who contribute to the amazing work PCSA does.

We also thank all our volunteers who have supported the organisation over the past year.

## MESSAGE FROM OUR CEO

PCSA continues to champion the needs of South Australians at local, state and national level. This year we have continued to represent the palliative care sector at local and statewide forums and meetings. To ensure promotion of the inclusion of people experiencing a serious illness, dying and grief, are considered in strategy, policy and funding allocations.

We also continue to collaborate with other palliative care peak bodies across the jurisdictions at a national level to promote equity of access, the importance of continued palliative care to be included across federal funding including aged care, disability and carers support.

In addition to advocacy and awareness raising, palliative care education continues to remain our focus as we delivered education through the PEPA and Gwandalan Project. We also hosted two large forums over the last financial year.

Looking forward, we are excited to grow our education stream of the next few years to include public education activities PalliLEARN and Last Aid, as part of our new Compassionate Communities SA program.

Thank you to our members for continuing their support of the great work PCSA is undertaking in the palliative care sector.

Now more than ever, palliative care matters!



**Adjunct Associate Professor Shyla Mills**  
Chief Executive Officer  
Palliative Care South Australia



# OUR SECTOR STRATEGY, POLICY AND ADVOCACY ACTIVITIES



## ADVOCATING FOR OUR SECTOR

Our Activities as your Peak Body

150

Enquiries from the general public



40

Sector representations, presentations & booths



## CREATING CONNECTIONS



SA Palliative Care Education in Aged Care Network



SAPMEA Dementia Symposium Booth



25 Other Booths

**“Well done in bringing everyone together – I can really see the great benefits for SA in this connecting meeting.”**

- Feedback from our Palliative Care Education in Aged Care Network

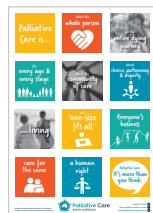
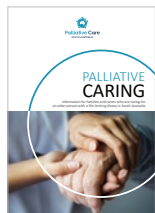
## PARTICIPATED IN ENGAGEMENTS

Formal Networks and Groups in which PCSA had ongoing participation



266 mapped SA aged care providers and multipurpose centres links to national palliative care projects

## SHARING OUR KNOWLEDGE AND INFORMATION FINDINGS



### Our Publications

- Palliative Caring

### New Fact Sheets

- Palliative Care Is
- Recommended Services and Supports in SA
- End of Life Doulas and Palliative Care
- Recommended Questions to ask end of life doulas
- Palliative Care Professional Development: Factsheet for SA RACFs



# BRINGING THE COLLECTIVE VOICE TOGETHER

## Our PCSA Summit and Showcase 2023



**2 Days**  
26th & 27th June 2023



**120+**  
Attendees



**22**  
Speakers



**8**  
Tabletop Deep Dives



**120**  
Sector Priorities Identified

The purpose of the Palliative Care SA Summit and Showcase was to engage with our community of care, celebrate the significant achievements of 2022 and identify potential priorities for the sector in 2023-25.

The Summit was held virtually for one day and the Showcase was held at the Adelaide Pavilion in collaboration with SA Health.

We are grateful to SA Health for their collaboration and support to host these events.

**“We want to do more! More involved and more utilised!”**

- Summit participant

**“So many services to connect to and build relationships with.”**

- Summit participant



# Our Statewide Symposium 2022 – Supportive Care Planning in Chronic Non-malignant Diseases

161



Participants -  
113 Face to Face  
48 Online

614



Total online reach  
via social media and  
E-news

11



Speakers

The purpose of the Symposium was:

- To provide information to health professionals working with people with advanced chronic illnesses about contemporary best practice and initiatives from professionals with expertise in supportive care and end-of-life care planning, and
- To provide a forum for healthcare professionals working with people with advanced chronic disease to share insights and to promote collaborative care models.

The Symposium was held on Friday the 4th November 2022 at the Adelaide Convention Centre. Our MC was Dr Chris Moy.

We are grateful to Wellbeing SA for their funding contribution for this event and the sponsors. As well as SAPMEA and Renal Society of Australasia for their collaboration in hosting the event.

We are also grateful to our sponsors for this event: Central and Northern Adelaide Renal and Transplantation Services (CNARTS), The Hospital Research Foundation Group - Palliative Care, AstraZeneca and Novo Nordisk.



92%



Strongly Agreed or Agreed that the Symposium met their expectations



# OUR AWARENESS RAISING AND STORY SHARING ACTIVITIES





## THE TRUSTED VOICE FOR OUR SECTOR

### News, Information, Social Media, Website and Media

A key role of Palliative Care SA is to amplify the voice of our members, raise awareness of the issues facing the sector and showcase our organisation’s programs and initiatives. We have represented the sector across traditional and social media throughout the last year, gaining coverage, awareness and influence from positive, proactive communications.

PCSA launched a new website in June 2023, which includes a members portal area.

## RAISING AWARENESS OF OUR SECTOR

### National Palliative Care Week 2023

National Palliative Care Week (NPCW) 2023 was held from Sunday May 21 – Saturday May 27, with the theme ‘Matters of life and death’.

NPCW provided an opportunity to discuss the benefits of palliative care and celebrate the amazing dedication of all those working and volunteering in palliative care across Australia.



PCSA’s NPCW Activities in 2023 were:



# OUR PROGRAMS AND PROJECTS



Funded by the Australian Government Department of Health

## PEPA AND IPEPA SA PROJECT

### Empowering Health Professionals to deliver palliative care

PEPA and IPEPA National is led by Queensland University of Technology (QUT), with PCSA as the organisation delivering South Australian Activities.

The Program of Experience in the Palliative Approach (PEPA) aims to enhance the capacity of health professionals to deliver a palliative care approach through their participation in either clinical placements in specialist palliative care services or interactive workshops.

The Indigenous Program of Experience in the Palliative Approach (IPEPA) is a grassroots approach to breaking down the barriers to palliative care for Aboriginal and Torres Strait Islander peoples across Australia.

PCSA was delighted to close off our 3 year contract with QUT to deliver PEPA SA and continue for a further three years.

#### Activities delivered by PEPA and IPEPA SA in 2020-23:

117

Placements  
2020-2023



21

Workshops  
2020-2023



PCSA would like to acknowledge the support of the SA specialist palliative care teams who play a key role in the successful delivery of this program.

For more information visit: [www.pepaeducation.com](http://www.pepaeducation.com)



**“I wish I could do a placement on a regular basis, I found it so beneficial.”**

*- Feedback from a PEPA placement participant*

## LIVE WELL FOR AS LONG AS POSSIBLE PROJECT

### Empowering community leaders

This project is led by the University of Adelaide, with PCSA as a partnership organisation.

Activities delivered in 2022-23:

4



CALD language groups supported for 6 months

10



CALD Community leaders educated

15



Resources created and shared



PCSA would like to acknowledge the support of the Multicultural Communities Council of SA (MCCSA) who partnered with PCSA to deliver this aspect of the project.

For more information visit: [www.health.adelaide.edu.au/public-health-and-palliative-care](http://www.health.adelaide.edu.au/public-health-and-palliative-care)

## GWANDALAN PROJECT

### Supporting Palliative Care for Aboriginal and Torres Strait Islander Communities



[gwandalanpalliativecare.com.au](http://gwandalanpalliativecare.com.au)

This project is led by Australian General Practice Accreditation Limited (AGPAL), with PCSA as a partnership organisation.

Education and training materials provided by the Gwandalan Project support relationships between service providers, frontline staff and Aboriginal and Torres Strait Islander Communities through cross-cultural education and the sharing of knowledge. This increases capacity in those who care for Aboriginal and Torres Strait Islander peoples during their palliative and end-of-life journey.

The project successfully provided E-Learning Modules, Dillybag (resources) and a Yarning Place in 2022-23, throughout Australia.

# OUR FINANCIALS AND SUPPORTERS



## FINANCIAL REPORT

Our financial report as of June 30, 2023, compared with June 30, 2022.

The complete audited Financial Report for 2022-23 is available on the PCSA website:

[www.palliativecaresa.org.au/governance](http://www.palliativecaresa.org.au/governance)

Income	2023		2022	
	\$	%	\$	%
Donations	\$671	0.1%	\$12,790	2.8%
Dividend, Shares and Interest	\$108,745	13.2%	(\$6,450)	-1.4%
Membership	\$19,970	2.4%	\$17,962	4.0%
Projects Income	\$449,997	54.6%	\$335,883	74.1%
Service Agreement with SA Government (Department of Health)	\$149,909	18.2%	\$136,000	30.0%
Other Income (inc Events and Provisions)	\$95,311	11.6%	(\$42,693)	-9.4%
<b>Total income</b>	<b>\$824,603</b>	<b>100%</b>	<b>\$453,492</b>	<b>100%</b>

Expenses				
	\$	%	\$	%
Depreciation	\$22,183	2.7%	\$8,245	1.7%
Project Expenses	\$104,286	12.8%	\$19,393	4.1%
Employee, Consultant or Contractor	\$508,671	62.3%	\$324,750	69.0%
Financial, Legal and Insurance	\$27,850	3.4%	\$20,373	4.3%
Information Communication Technology (ICT)	\$29,662	3.6%	\$9,977	2.1%
Office and Fleet	\$48,247	5.9%	\$45,701	9.7%
Marketing, Events, Postage and Resources	\$56,745	6.9%	\$30,950	6.6%
General Staff Expenses, Meetings and Travel	\$13,512	1.7%	\$10,165	2.2%
Board, Volunteer and Subscriptions	\$5,860	0.7%	\$1,306	0.3%
<b>Total expenses</b>	<b>\$817,017</b>	<b>100%</b>	<b>\$470,860</b>	<b>100%</b>

<b>Operating surplus (or loss)</b>	<b>\$7,586</b>	<b>(\$17,368)</b>
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We wish to thank all those who have supported and contributed to the work of Palliative Care SA in 2022-23. We particularly appreciate the support of the SA Government (SA Health), and our project partners, event sponsors and members.

## A SPECIAL THANK YOU TO OUR ORGANISATIONAL MEMBERS

We wish to thank all our organisational members who support PCSA to be the collective voice for the sector:

- Adelaide Primary Health Network
- Adelaide Quality Care
- Ananda Aged Care Head Office
- Anglicare SA
- Balaklava Mill Court Homes Inc
- Barossa Village
- Boandik
- Calvary Community Care
- Central Adelaide Palliative Care - TQEH
- Clayton Church Homes
- Country Health SA - Eyre & Far North Region
- DHS Equipment Program
- Dunbar Homes
- ECH Inc
- Eldercare
- Flinders & Upper North Local Health Network
- Gloucester Residential Care
- Infin8care Aged Care
- Kalyra Communities (JBMT)
- Laurel Palliative Care Foundation
- Life Care Inc
- Limestone Coast LHN - Mt Gambier
- Lobethal & District Aged Homes - Restvale
- Maitland Hospital (Yorke & Northern LHN)
- Mary Potter Hospice
- Matthew Flinders Home
- Mt View Homes Incorporated
- Northern Adelaide Palliative Care
- PalCare
- Palliative Care Outcomes Collaboration
- Pennwood Village
- PsychMed
- Research Centre for Palliative Care, Death & Dying
- Resthaven Inc-Head Office
- Riverland Palliative Care
- RSL Care SA, War Veterans Home
- SA Ambulance
- Soul Talks Inc
- Southern Adelaide Palliative Care (SAPS)
- St Anna's Residential Aged Care Facility
- Strathalbyn & District Aged Care Facility
- Tanunda Lutheran Home
- The Hospital Research Foundation Palliative Care
- Uniting Communities
- Uniting Communities Wesley Bowden
- Voluntary Assisted Dying SA
- Womens & Children's Hospital
- Willochra Home Residential Aged Care
- Yorke and Northern Local Health Network

## A SPECIAL THANK YOU TO OUR FUNDING BODIES AND DONORS

We wish to thank all our funding bodies and donors who support PCSA:



### Special thanks to our donors

Palliative Care SA is a deductible gift recipient (DGR) registered charity with the Australian Charities and Not-for-profits Commission. In 2022-2023 PCSA received \$671 in donations.



**Palliative Care**  
SOUTH AUSTRALIA



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