



Palliative Care

SOUTH AUSTRALIA

Strategic Plan 2023-2026

**HELPING ALL SOUTH AUSTRALIANS
TO LIVE, DIE AND GRIEVE WELL**

*The way we care for our dying reflects
the humanity and compassion
of our society*



Our Purpose

Helping all South Australians to live, die and grieve well

Why? The way we care for our dying reflects the humanity and compassion of our society.

Our Mission

To promote quality palliative care and access for ALL through advocacy, information provision and education to build capacity and service responsiveness

Why? We strive to create a community where members say: "everybody has a role to play in supporting each other in times of serious illness, dying, death and grief. We are ready, willing and confident to have conversations about living, dying and grieving well and to support each other in emotional and practical ways."

STRATEGIC PRIORITIES

We support all South Australians to:

Live well every day until their last

Have a dignified death, regardless of illness, age, culture, religion, gender, sexuality or location

Advocate for holistic, quality and culturally appropriate palliative care

Nurture supportive social networks at the end stages of life



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SOUTH AUSTRALIA

Our Values



Compassion

We are compassionate and we foster compassionate communities



Collaborative

We listen and are a collective voice



Inclusive

We celebrate multiple approaches and points of view



Empowerment

We empower others



Innovative

We embrace creativity, are forward thinking and drive change

Inclusivity Statement

We are inclusive. We celebrate multiple approaches and points of view. When we say palliative care is everybody's business, no matter their age, we mean everybody.

Our commitment to Aboriginal reconciliation

PCSA is committed to our vision of developing and strengthening relationships with Aboriginal and Torres Strait Islander people, along with engaging staff, members and stakeholders, in reconciliation. PCSA is committed to listening and responding to these experiences, through a relationship of trust and a shared understanding.



Our Story Thus Far

PCSA is a leading charity and independent peak body representing palliative care providers, the community and people experiencing a serious illness, dying, death and grief, as well as those with an interest in palliative care across South Australia.

Established in 1984, we are a membership-based incorporated association and registered charity, supporting the individuals, families, carers, community members, as well as specialist and generalist health care professionals working with South Australians experiencing serious illness, dying, death and grief. Collectively, the PCSA membership body holds tremendous knowledge and wisdom about the challenges the sector faces and the opportunities those challenges can bring. PCSA is a founding member of Palliative Care Australia, as part of the National Palliative Care Australia network, we work with other states and territories to influence national policy and initiatives, representing our members to the highest levels of government to achieve our principal roles. PCSA is supported by local and state government, membership, funding stakeholders, donations and other community groups and associations.

PCSA represents its members as the **peak body and leading voice** for the palliative care community across South Australia. We work for our members in promoting and supporting **quality palliative care for everyone, everywhere.**

OUR 2023-2026 STRATEGIC GOALS AND SUCCESS INDICATORS



You Matter

Our goal: People experiencing serious illness, dying, death or grief along with their carers and families receive relevant, up-to-date information about palliative care.

Our success indicator: Increased access, understanding and acceptance of palliative care by South Australians.



Your Community Matters

Our goal: Community members and groups have the support and education to foster compassionate community networks around people experiencing serious illness, dying, death or grief.

Our success indicator: Increased community members participating in education about palliative care.



Your Care Matters

Our goal: Care service providers are delivering quality palliative care, when and where people need it. Care is coordinated and delivered by staff who are knowledgeable, compassionate, responsive and supported.

Our success indicator: Increased quality and equity of palliative care provided throughout South Australia.



Your Government Systems and Policies Matter

Our goal: Local, State and Federal governments recognise and invest in the value and necessity of quality palliative care across health, social and community systems. Recognise palliative care as a human right and prioritise the needs of underserved communities.

Our success indicator: Increased investment in palliative care to meet the needs of South Australians.



Your PCSA Matters

Our goal: PCSA remains a strong voice of our members to support all South Australians to:

- live every day until their last day
- emphasise the important of quality of life, dying and death
- have a dignified death, regardless of illness, age, culture, religion, gender, sexuality or location
- nurture supportive social networks at the end stages of life, and
- advocate for holistic, quality and culturally appropriate palliative care.

Our success indicator: Grow our members, volunteers and continue to advocate for all South Australians experiencing a serious illness, dying, death or grief.



Note: Our Strategic Goals are inspired by the palliative care Circles of Care [developed by the founder of Compassionate Communities, Dr Julian Abel] and the quote from the founder of the modern hospice movement Dame Cicely Saunders "You Matter because you are you and you matter until the last day of your life". We thank Palliative Care Australia and the jurisdictional peak bodies (especially Palliative Care Queensland and Palliative Care Victoria) for providing additional inspiration and structure for this Strategic Plan.