

# Volunteer Roles which support palliative care

Palliative care volunteering roles can be deeply rewarding and provide essential support to people experiencing a life-limiting illnesses, dying, grief and their families.

These roles vary depending on the setting (home, hospice, aged care, hospital etc) and can be client facing or non-client facing. Below is a list of the most common formal palliative care volunteering roles throughout South Australia.

## Client Facing Roles

- **Companionship / Visitor / Reading**
- **Hospice/ Palliative Care Inpatient Unit Support**
- **Musician**
- **Carer Support**
- **Social Support** (at home)
- **Pet Care** (at home)
- **Garden Care** (at home)
- **Transport Support** (appointments, meetings or outings)
- **Shopping** (on behalf of client)
- **Tea Trolley/Jolly trolley**
- **Telephone Wellness Checks\***
- **IT Support\***
- **Biography writing / Life Story Writing\***
- **HELP App and Social Network Activation\***
- **Complimentary Care\*** (Massage, Meditation, Reiki, Hypnotherapy, Reflexology, Kinesiology, Lymphoedema Massage, Laughter Therapy etc)
- **Bereavement Support\***
- **Handyman\***
- **Ambulance Wish Support\***
- **Spiritual Care / Chaplaincy\***
- **Art Therapy\***
- **Music Therapy/ Music Thanatology / Threshold Choir\***
- **Pet Therapy\***
- **Beauty therapy\*** (Facials, Hairdressing, Waxing, Make-up etc)
- **Peer Mentor\***

## Non-Client Facing Roles

- **Administration / Office / Clerical Support / Minute taking**
- **Fundraising / Fundraising Events Support / Grant Writer**
- **Consumer Representative / Lived Experience**
- **Nurture Pack / Gift Pack Collator / Greeting/Thank You Card Writer**
- **Community Awareness Raising** (about palliative care or life-limiting illnesses or grief)
- **Memorial Services Support**
- **Communications or Marketing Support** (social media, newsletters, design)
- **Merchandise Sales / Op Shop Support**
- **Advance Care Directive Community Champion**
- **Palliative Care Organisations Board or Committee Members**
- **Quilters**

*Roles with a \* indicate specialised training is required*



**(08) 7079 0188**



**[palliativecaresa.org.au/volunteeringSAhub](http://palliativecaresa.org.au/volunteeringSAhub)**

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