



Palliative Care
South Australia

2023-2025

1 July 2023 - 30 June 2025

Project Activity Report

NURTURING COMPASSIONATE COMMUNITIES IN ADELAIDE

Project Funded by Adelaide Primary Health Network



**Compassionate
Communities SA**

Program of Palliative Care SA



SUMMARY

Compassionate Communities are groups of people and places where everybody recognises they all have a role to play in supporting each other in times of serious illness, dying, death, grief and caregiving.

Residents of Compassionate Communities recognise that caring for one another at times of crisis and loss is not a task solely for health and social services but is everyone's business. Everyone is ready, willing and confident to support each other in emotional and practical ways.

The Nurturing Compassionate Communities in SA project addresses the following areas of need in the Adelaide region.

- Build local capacity, resilience and sustainability of services
- Improving patient's primary health care experience
- Developing solutions that meet individual community needs

2023 - 2025

13

TOTAL NUMBER OF
EDUCATION COURSES AND
NETWORK MEETINGS HOSTED
*(PalliLEARN, Last Aid, Compassionate
Communities SA - Metro Community of
Practice & Death Literacy Network Working
Group)*

106

TOTAL ATTENDEES
*(Education Courses and Network
Meetings)*

54

TOTAL NUMBER OF
DEATH LITERACY
SURVEYS COMPLETED
(Community Sample)

6

TOTAL NUMBER OF
COMMUNITY
CONSULTATIONS HOSTED
*(Compassionate Community conversation
workshops and Compassionate Community
Guides Virtual Round tables)*

150

TOTAL NUMBER OF
COMMUNITY
CONSULTATIONS
PARTICIPANTS
*(Compassionate Community conversation
workshops and Compassionate Community
Guides Virtual Round tables)*

6

TOTAL NUMBER
OF REPORTS
PRODUCED FOR
THE PUBLIC

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*Our organisation acknowledges the
Traditional Custodians of
the lands and seas on which we live
and work, and pays respect
to Elders - past, present and emerging.*



Compassionate Community Conversations

ABOUT COMPASSIONATE COMMUNITY CONVERSATIONS

The purpose:

To host open community discussions to identify how compassionate communities can be nurtured across South Australia

How we promoted these:

Join the conversation and discuss how together we can build a compassionate community in your local community.

Compassionate communities are communities with networks of support around people at the end stage of life. You will receive information and participate in discussions about compassionate communities, including how to become a more compassionate neighbour and friend, what services and supports are currently available and explore what compassionate communities could look like within your local neighbourhood.

LEARN MORE ABOUT COMPASSIONATE COMMUNITY CONVERSATIONS:

www.palliativecaresa.org.au/ccca



3

SESSIONS HOSTED

83

PARTICIPANTS



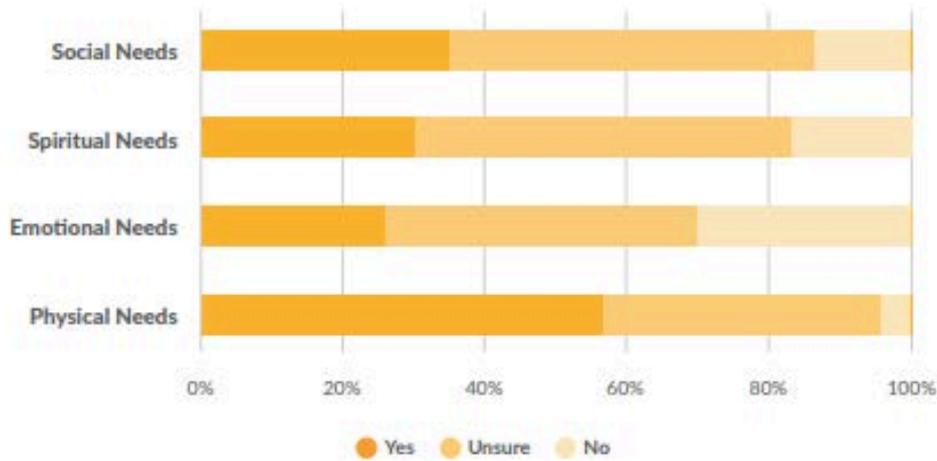
Tea Tree Gully - SA Compassionate Communities Conversation 2023/24



What we learnt

Do Locals feel that the current systems would meet their support needs if they had a life threatening illness?

To understand how people feel their support needs would be met if they were at the end chapter of life, we asked individuals "if you had a life-threatening illness, do you feel the current system would meet your needs in relation to Physical needs, Emotional needs, Spiritual needs and Social needs?"



Where do Locals look for information about serious illness, dying, grief and caregiving?

To understand where people look for information, we asked participants to rank (in order of preference) where they would go for information about serious illness, dying, grief and caregiving.

#1 **57%**
of Local participants ranked this option as first
General Practitioner (GP)

#2 **52%**
of Local participants ranked this option as second
Google

Are Locals comfortable in **offering** their neighbours help and support if they had a life threatening illness?

91%
YES

Are Locals comfortable in **accepting** help offered by others in their neighbourhood, if they had a life threatening illness?

70%
YES



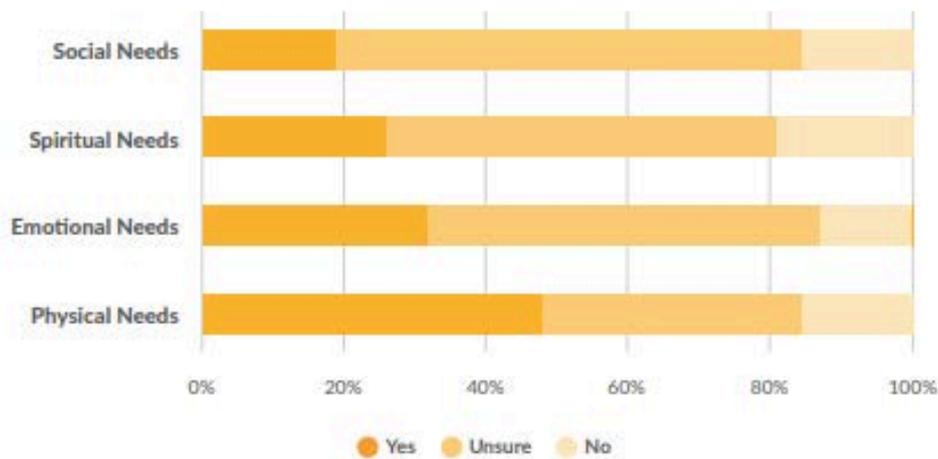
Marion - SA Compassionate Communities Conversation 2023/24



What we learnt

Do Locals feel that the current systems would meet their support needs if they had a life threatening illness?

To understand how people feel their support needs would be met if they were at the end chapter of life, we asked individuals "if you had a life-threatening illness, do you feel the current system would meet your needs in relation to Physical needs, Emotional needs, Spiritual needs and Social needs"?



Where do Locals look for information about serious illness, dying, grief and caregiving?

To understand where people look for information, we asked participants to rank (in order of preference) where they would go for information about serious illness, dying, grief and caregiving.

1 **63%**
of Local participants ranked this option as first
General Practitioner (GP)

2 **53%**
of Local participants ranked these options as equal second
Outer Circle Network / Google

Are Locals comfortable in **offering** their neighbours help and support if they had a life threatening illness?

90%
YES

Are Locals comfortable in **accepting** help offered by others in their neighbourhood, if they had a life threatening illness?

61%
YES



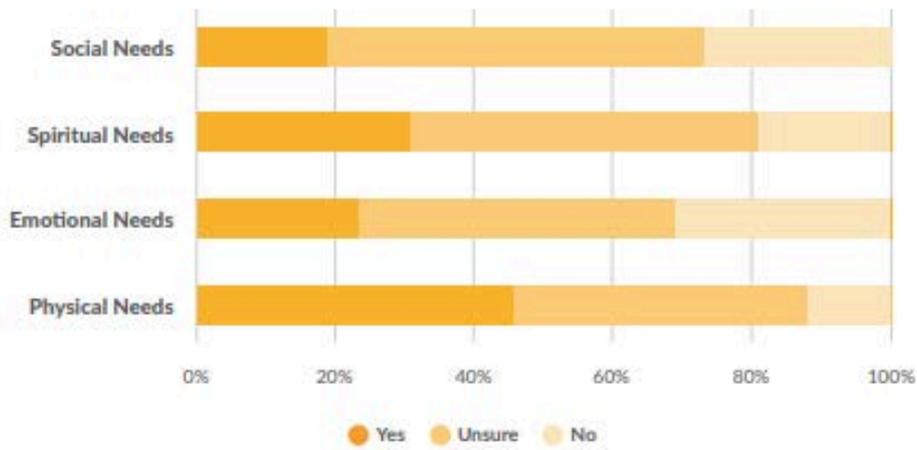
Woodville - SA Compassionate Communities Conversation 2023/24



What we learnt

Do Locals feel that the current systems would meet their support needs if they had a life threatening illness?

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Where do Locals look for information about serious illness, dying, grief and caregiving?

To understand where people look for information, we asked participants to rank (in order of preference) where they would go for information about serious illness, dying, grief and caregiving.



Are Locals comfortable in offering their neighbours help and support if they had a life threatening illness?



Are Locals comfortable in accepting help offered by others in their neighbourhood, if they had a life threatening illness?



ABOUT THE COMPASSIONATE COMMUNITIES, Where to start guides

The purpose:

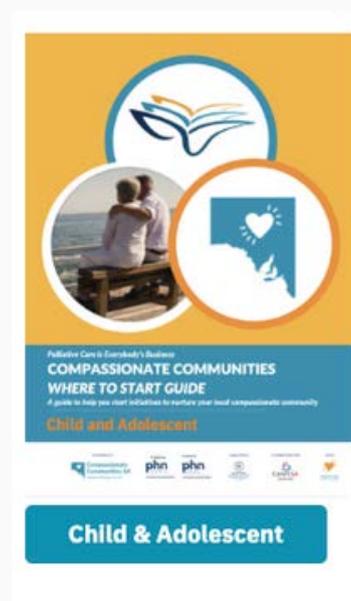
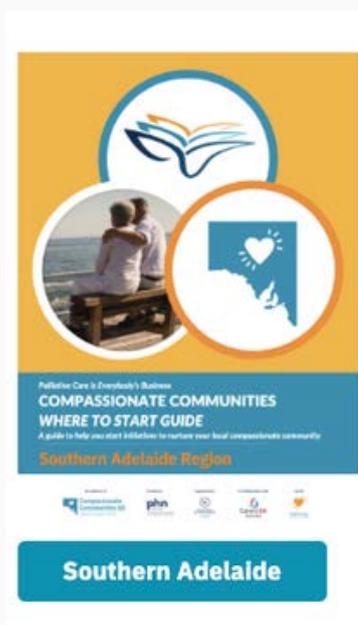
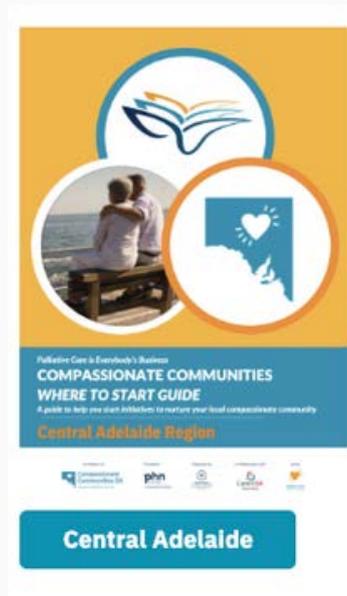
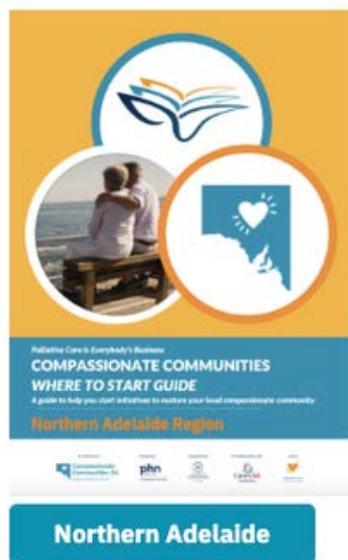
Identify collective aspirational compassionate community actions to help Local Councils, Civic Agencies, Peak Bodies, Community and Social Groups, Specialist and Generalist Palliative Care Services to “Fly in Formation” within each Local Health Region on Compassionate Community Initiatives.

Actions identified from the consultation activities actions to assist with the groups within this Local Health Region to commence compassionate communities initiatives with the aim to nurture a wide variety of compassionate community initiatives.

LEARN MORE ABOUT COMPASSIONATE COMMUNITY CONVERSATIONS:

www.palliativecaresa.org.au/ccca

83
 INPUTS INTO A 3 STAGE
 CONSULTATION



2024-26 FLYING IN FORMATION ACTIONS

Aspirational actions identified in consultation for each SA region to support people experiencing a serious illness, dying, grief and caregiving in your region

Region: **Country SA**



Northern Adelaide

Your Where to Start Recommendations identified by your citizens...



RECOMMENDED Council initiatives to start with...

- Consider adopting the Compassionate Cities Charter
- Maintain a directory of Local Supports (including health, social and community supports)



RECOMMENDED community initiatives to start with..

- Create a peer support groups to focus on shared experiences
- Host community death café/chatty cafes

Your Where to Start Recommendations identified by your citizens...



RECOMMENDED Council initiatives to start with...

- Consider adopting the Compassionate Cities Charter
- Providing public education about serious illness, dying and grief to the community



RECOMMENDED community initiatives to start with..

- Sharing positive stories about what the community is doing in this space
- Create a Living Stories and Biography program to capture peoples legacies

Central Adelaide

Southern Adelaide

Your Where to Start Recommendations identified by your citizens...



RECOMMENDED Council initiatives to start with...

- Consider adopting the Compassionate Cities Charter
- Co-design new community supports with consumers, carers, community, health and social groups



RECOMMENDED community initiatives to start with..

- Create a Pet Helper support program
- Create intergenerational programs (such as connecting primary schools to aged care)

4

COURSES HOSTED
2023-2025

59

PARTICIPANTS
2023-2025

100%

OF RESPONDERS TO OUR EVALUATION SAID THEY WOULD RECOMMEND PALLILEARN TO OTHERS

“

Great presentation on a topic difficult to discuss

”

“

Thank you for this session, it was a great session, everyone got something out of it

”



WE ASKED PARTICIPANTS TO PLEASE SHARE A TAKE HOME MESSAGE

“

Advance Care Planning isnt just for our aged group, our children need to think about it too

”

“

Palliative Care has changed over the years

”



EDUCATION and NETWORKS

2

COURSES HOSTED
2023-2025

55

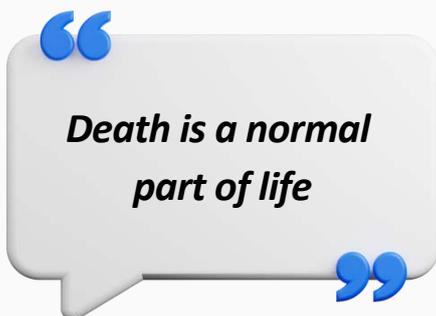
PARTICIPANTS
2023-2025

100%

OF RESPONDERS TO OUR EVALUATION SAID THEY WOULD RECOMMEND LAST AID TO OTHERS



WE ASKED PARTICIPANTS TO PLEASE SHARE A TAKE HOME MESSAGE



EDUCATION and NETWORKS

*Compassionate Communities SA
Community of Practice (CoP) -
Metro*

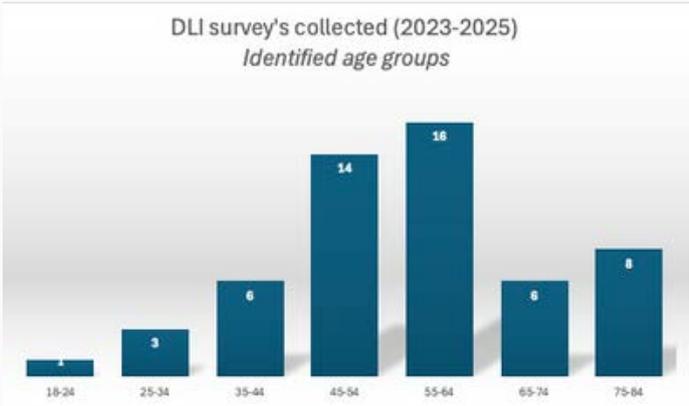
*SA Death Literacy
Working Group*

7
MEETINGS HOSTED
2023 -2025
(COMPASSIONATE COMMUNITY COP -
METRO AND DLI WORKING GROUP)

106
MEETINGS HOSTED
2023 -2025
(COMPASSIONATE COMMUNITY COP -
METRO AND DLI WORKING GROUP)

Death Literacy Index - Community Survey

54
2023-2025
SURVEY'S COLLECTED





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