

Volunteer Roles which support palliative care

Palliative care volunteering roles can be deeply rewarding and provide essential support to people experiencing a life-limiting illnesses, dying, grief and their families.

These roles vary depending on the setting (in-patient based, community based) and can be client facing or non-client facing. In this document you will find a list of the most common formal palliative care volunteering roles throughout South Australia.

CLIENT FACING VOLUNTEER ROLES

- **IN-PATIENT / FACILITY / HOSPICE / RESIDENTIAL AGED OR DISABILITY SETTINGS (In-Patient-based)**
- **HOME / COMMUNITY BASED (Community-based)**

Non-CLIENT FACING VOLUNTEER ROLES

Find a volunteer organisation who has the role your are looking for...

SEARCH THE: SA Palliative Care Volunteering Organisations Directory
palliativecaresa.org.au/volunteer-organisations-directory

CLIENT FACING VOLUNTEER ROLES

IN-PATIENT / FACILITY / HOSPICE / RESIDENTIAL AGED OR DISABILITY SETTINGS (In-Patient-based)

*Roles with a * indicate specialised training is required*

Role Category: Companionship, Social, Spiritual Supports

- *Roles examples:* Companionship, Visitor, Reading, Carer Support, Spiritual Carer/Chaplaincy*, Biography Writer/Life Story Writer*, HELP App and Social Network Activation*, Companion Animals*, Clown Doctors/Laughter therapy*, Ambulance Wish Volunteers*

Role Category: Complementary & Holistic Supports

- *Roles examples:* Meditation/Mindfulness*, Beauty Therapy* (ie. Facials, Hairdressing, Waxing, Make-up etc), Massage*

Role Category: Creative and Arts Supports

- *Roles examples:* Arts and Crafts Activities, Music and Entertainment Activities, Basic Group Cooking, Tea Trolley/Jolly Trolley Coordinator

Role Category: Peer Supports

- *Roles examples:* Palliative Care Peer Support Volunteers*

Role Category: Bereavement Supports

- Roles examples: Bereavement card writing

Role Category: Community Engagement Supports

- Roles examples: Memorial Services Support, Advance Care Directive Volunteers Peer Support*

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CLIENT FACING VOLUNTEER ROLES HOME / COMMUNITY BASED (Community-based)

*Roles with a * indicate specialised training is required*

Role Category: Companionship, Social, Spiritual Supports

- *Roles examples:* Companionship, Visitor, Reading, Carer Support, Spiritual Carer/Chaplaincy*, Biography Writer/Life Story Writer*, HELP App and Social Network Activation*, Ambulance Wish Volunteers*, Telephone Wellness Checks*, Spending time with patient while carer has respite

Role Category: Practical In-Home Supports

- *Roles examples:* Walking/Feeding Pets, Basic Gardening/Weeding, Watering Plants, Shopping for Client, Light Household Support, Basic IT Supports

Role Category: Transport Support

- *Roles examples:* Transport to appointments/outings/shops, Ambulance Volunteers*

Role Category: Creative and Arts Supports

- *Roles examples:* Arts and Crafts Activities, Music and Entertainment Activities

Role Category: Bereavement Supports

- *Roles examples:* Bereavement card writing, Bereavement Support Walking Groups

Role Category: Peer Supports

- *Roles examples:* Palliative Care Peer Support Volunteers*

Role Category: Community Engagement Supports

- *Roles examples:* Advance Care Directive Volunteers Champion*

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NON CLIENT FACING VOLUNTEER ROLES

*Roles with a * indicate specialised training is required*

Role Category: Administration and Office Supports

- *Roles examples:* Administration / Office / Clerical Support, Minute Taking, Communications or Marketing Support (social media, newsletters, design), Grant Writer

Role Category: Advocacy, Strategic or Representation Support

- *Roles examples:* Consumer Representative (ie Lived Experience), Board or Committee Members

Role Category: Awareness Raising Supports

- *Roles examples:* Community Awareness Raising (about palliative care, life-limiting illnesses, or grief)

Role Category: Creative, Arts or Expressive Supports

- *Roles examples:* Greeting / Thank You Card Writer, Palliative Care Quilters

Role Category: Fundraising & Retail Support

- *Roles examples:* Fundraising / Fundraising Events Support, Merchandise Sales / Op Shop Support

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