



FREE

Light Refreshments Provided

Last Aid

We all know about First Aid, but what about Last Aid?

About the course

Last Aid is a 4-hour international standardised introductory level community training program.

On completion of the course, you can be considered a Last Aider.

Why attend?

The way we care for our dying reflects the humanity and compassion of our society. Through training we can create resilience, understanding and capacity within our community, helping us care for our loved ones, families, and friends. We believe that just as every organisation needs a First Aider, we all need a Last Aider, because dying, death and grief are universal.

Who can attend?

The course is for all members of the community, and there is no requirement for training or experience within the health or palliative care space to attend. While not directly targeted to health professionals, we welcome the attendance of everyone interested in these areas.

What topics are covered?

- Dying as a normal part of life
- Planning ahead
- Relieving suffering
- Final goodbyes

Tuesday 10th November 2026 | 12.00pm - 4.00pm
21 Grundel St, Whyalla Norrie SA 5608

Registration is essential:

Scan the QR Code or visit,
<https://events.humanitix.com/last-aid-workshop-whyalla>

Call (08) 8271 1643



Places are limited. Please visit our website <https://palliativecaresa.org.au/> for further information

In collaboration with



Funded by



Last Aid is administered by



Palliative Care
South Australia

<https://palliativecaresa.org.au/last-aid/>